



PARADISE POKÉ CATERING ORDER FORM
 please email for to aloha@paradisepoke.ca

SPLURGE + \$2.25 ITEMS WILL ARRIVE ON SIDE		
AVOCADO	SEAWEED SALAD	TOBIKO
QTY	QTY	QTY

SIGNATURE BOWLS - \$14.65		QTY
THE ROYAL HAWAIIAN	ahi tuna • classic sauce • sweet onion • green onion • cucumber • crispy shallots • sesame seeds • sushi rice • edamame • purple cabbage • mango • quickles	
THE HEAT WAVE	atlantic salmon • spicy mayo • sweet onion • green onion • cucumber • crispy shallots • sesame seeds • sushi rice • edamame • purple cabbage • mango • quickles	
THE LU'AU	sweet asian bbq chicken • sweet onion • green onion • cucumber • crispy shallots • sesame seeds • sushi rice • edamame • purple cabbage • mango • quickles	
THE BANZAI (V&GF)	organic tofu • green vibes sauce • sweet onion • green onion • cucumber • root chips • sesame seeds • sweet brown rice • edamame • purple cabbage • daikon • quickles	
THE BEET GOES ON (V&GF)	organic beets • miso ginger • sweet onion • green onion • cucumber • avocado • coco-wasabi cream • root chips • sesame seeds • zucchini noodles • edamame • mango • quickles	

BUILD YOUR OWN BOWL - \$14.65																																							
#	MARK AN X UNDER SELECTION NAME	BASE SELECT 1			PROTEIN SELECT 1				MIX-INS WE SUGGEST ALL 4				SAUCE SELECT 1 - CIRCLE 'X' FOR SAUCE ON THE SIDE							VEGGIES SELECT 4						CRUNCH SELECT 1					SPLURGE \$2.25 each								
		sushi rice	brown rice	zucchini	tuna	salmon	chicken	tofu	beets	cucu-mber	green onion	sweet onion	sesame seeds	classic v	spicy mayo gf	sweet BBQ	sesame dream gf	miso ginger v&gf	green vibes v&gf	coco wasabi v&gf	edam-mamae	radish	jalapeno	red cabbage	pickled ginger	daikon	quickles	mango	crispy shallots	crispy jalapeno	wasabi peas	crispy garlic gf	root chips gf	pepitas gf	avocado	seaweed salad	tobiko		
	EXAMPLE	X			X					X	X	X	X	X						X							X						X	X	X		X	X	
1																																							
2																																							
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ORDER DETAILS	
Event Date	
Pick Up or Delivery	
Company	
Contact Name	
Phone #	
Address	

DRINKS	QTY
Eska - Bottled Water	\$1.95
La Croix - Grapefruit	\$1.95
La Croix - Lime	\$1.95
San Pellegrino - Blood Orange	\$1.95
Buchipop - Berry	\$3.95
Buchipop - Grape	\$3.95
Loop Cold Pressed Juice - Orange	\$4.95
Loop Cold Pressed Juice - Red	\$4.95
Loop Cold Pressed Juice - Yellow	\$4.95

SNACKS	QTY
Coconut Chips	\$3.95
Wasabi peas	\$2.25
Pocky - Chocolate	\$2.50
Pocky - Green Tea	\$2.50
Pocky - Strawberry	\$2.50

PARADISE POKÉ
 FRESH • RAW • BOWLS
 134 Bank St.
 Mon - Sat 11am - 5pm
 613-518-4432
 aloha@paradisepoke.ca

IF YOU HAVE ANY DIETARY CONCERNS OR QUESTIONS, PLEASE DO NOT HESITATE TO CALL US @ 613-518-4432